

Granville Public School
Learn at Home



While students are at home, we recommend that parents keep a consistent timetable to ensure students are engaged and well rested during this break. Here is an example

| | | |
|--|---------------------|--|
| Before 9am | Wake up | Eat breakfast, make your bed, brush your teeth and get dressed |
| 9:00-10:30 | Learning Time | Reading/Writing/ Spelling <i>(Use activities from grid)</i> |
| 10:30 | Crunch and Sip time | Go outside and have a piece of fruit and a drink |
| 10:30-11:30 | Learning Time | Mathematics <i>(Use activities from grid)</i> |
| 11:30-12:30 | Creative Time | Lego, Art and Craft, experiments, drawing, colouring book, create art, play music, bake or cook. |
| 12:30-1:00 | Lunch Time | |
| 1:00-1:30 | Chores | Help out with some of the house chores |
| 1:30-2:00 | Quiet Time | Read a book, Puzzles, Nap |
| 2:00-3:30 | Learning Time | Other Curriculum areas <i>(Use activities from grid)</i> |
| 3:30-4:30 | Afternoon Fresh air | Bike, walk, play with pets, play outside |
| **It is important children have limited screen time (including television) and also have a consistent bed time each day. | | |

Some tips for making sure your child is ready for learning is to

- Set up a learning environment where students can work in a safe, quiet area where there will be limited distractions.
- Encourage your child to take breaks during the day to go outside and drink lots of water.
- If you have more than one child and only one form of technology, share the screen time through a timetable.

More ideas can be found on the Department's website:

<https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers>

Below are some free websites you can access for your child. Some of these may require you to make an account.

| | | |
|--|--|--|
| *Pevan and Sarah- Pevan & Sarah use music and dance to engage kids and support their social and emotional wellbeing in line with the Australian curriculum. www.pevanandsarah.com | *Scholastic Learn at home Every day includes 4 separate learning experiences, each built around a thrilling, meaningful story or video. https://classroommagazines.scholastic.com/support/learnathome.html | *Dreamscape- Reading game online https://www.squigglepark.com/dreamscape/ *Squiggle Park www.squigglepark.com . |
| *National Geographic for kids https://www.natgeokids.com/au/ | *Fun Brain www.funbrain.com | *SwitchZoo- animal games www.switchzoo.com |
| *Starfall – a website to access language, arts and music activities www.starfall.com | *Highlights Kids- activities, jokes and puzzles www.highlightskids.com | *Phonics Hero- activities engage and develop phoneme recognition www.phonicshero.com |
| *ABC Mouse- various literacy and numeracy activities www.abcmouse.com | *Wonderopolis www.wonderopolis.org | *Brain Pop- activities in all areas of the curriculum www.brainpop.com |
| *Boom Learning- graded exercises www.boomlearning.com | *Time for kids- reading articles www.timeforkids.com | *Study ladder www.studyladder.com.au |
| *Twinkl- various activities across areas https://www.twinkl.com.au/resources/parents | *Random House books www.rhcbooks.com | *Go Noodle- movement and mindfulness www.gonoodle.com |
| *Mystery Doug- www.mysterydoug.com | *Typing Club- Practice touch typing www.typingclub.com | *Khan Academy- English and Mathematics www.khanacademy.org |

Please VISIT the Department's website:

<https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers>